



# Coffee with a Counselor



**JOIN OUR COUNSELORS AND SOCIAL WORKERS FOR A CUP OF COFFEE  
AND AN INTERACTIVE PRESENTATION ON THE FOLLOWING TOPICS:**

**Thursday, October 17th: High School Information**

**Thursday, November 21st: Choose Love for Parents**

**Thursday, December 19th: Grief & the Holidays**

**Thursday, January 16th: New Year Wellness**

**Thursday, February 13th: Parenting Tips for Your  
Child's Big Emotions**

**Thursday, March 20th: Tips for Parenting Your Teens**

**Thursday, April 24th: Battling Overwhelm & Creating a  
Peaceful Home**

**Thursday, May 15th: Discipline 101**



**ALL PRESENTATIONS BEGIN AT 8:30AM  
IN THE CAFETERIA**

